

Importance of the Rules of the Competition in Mini Football Competitions

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Abstract

This article provides accurate information based on incorrect questionnaire questions about the rules of the game, which are important in organizing and running futsal competitions.

Keywords: *Foul, sending-off, warning, shots from the 6-meter mark, corner kick, time-out, held ball, extra time, free kick, playing time, attack, blocking, simulation, tackle.*

In recent years, a number of measures have been implemented to take care of the health of our people, to form a spiritually and physically healthy generation, and to attract the population, especially young people, to football, mini football, which is a game of millions and has a special place in our country.

Today, there are 255 sports educational institutions focused on the development of football in Uzbekistan, including:

209 are sports schools for children and teenagers;

14 are children's and youth football academies;

15 of them are football schools for children and teenagers under professional football clubs;

17 are private football schools.

The population of the republic is more than 33.6 million people, of which the number of football players is 327,291 (women - 11,884). Among them, the number of 7-18-year-olds playing football in 297 sports educational institutions is 45,919 (including 610 women), and 2,220 (400 women) are professional players. 0.14% of the population regularly plays football.

To make football and mini-football the most popular sport of the population in Uzbekistan, to establish a system for selecting and selecting highly talented young players and training them as professional athletes, to bring the country's football to a level that competes with developed countries, to train football specialists based on international requirements and standards training, development of football clubs, effective organization of the training process for national teams, organization of major international football competitions in our country, including world and continental championships among youth, youth and women's teams.

Today's trend of development of modern football focuses on it not only as a popular sport, but also as a unique tool that educates the population of the country, especially young people, to a healthy lifestyle, and develops feelings of loyalty to the Motherland in a spiritual and spiritual sense, and as an important factor that determines the development index of the country's economy in the period of large-scale reforms. requires attention.

After independence, a number of presidential decrees and decisions were adopted for the development of physical education and sports. Including PF-5887 of December 4, 2019 "On measures to bring the development of football to a completely new stage in Uzbekistan" and on October 30, 2020 "On measures to promote a healthy lifestyle and further develop mass sports" PF-6099 is a clear example of this. Adopted decrees and decisions are the main factor in strengthening the health of the population, popularizing and developing physical education and sports [1].

Lack of complete knowledge of the rules of the game when organizing and holding competitions in mini-football prevents the competition from being fair and causes various disputes.

Conducting a survey on the rules of the mini football competition among students of the 3rd level of physical culture education, providing methodical assistance in determining the level of knowledge of the rules of the competition and eliminating the shortcomings of the students.

The mini football game is one of the popular sports in the whole world and in our Uzbekistan, and it is a sport that is loved by the population. Many mini football competitions are held in Uzbekistan every year. Taking into account that the lack of complete knowledge of the rules of the game during the organization and holding of mini-football competitions prevents the competition from being fair and causes various disputes, we conducted a quick survey among the 3rd-level students of the "Physical Culture" educational direction of the Chirchik State Pedagogical Institute regarding the rules of the mini-football competition.

10 students of the 3rd stage of "Physical culture" education of the Chirchik State Pedagogical Institute took part in the survey. In this survey, 10 questions about the rules of the mini football competition were discussed.

In higher education institutions, it is important not only to conduct specialized classes, but to organize friendly and official competitions between universities in sports games and mini football, to regularly teach students the rules of sports games and mini football competitions, and to involve them in refereeing competitions. Teaching students to referee competitions between groups and faculties increases students' interest in sports and competition rules.

In today's modern football, the role of physical training and special endurance and the requirements for it are increasing day by day. Analyzing the results, it shows that a number of things need to be done regarding these results for our professional football players in our country. For example, we can see that the level of starting speed is very low in our national and Olympic team members. It can be seen that the results are also low in quick-power skills. To develop the physical fitness and special endurance of football players, it would be appropriate to create a systemized complex of exercises, use the experiences of leading foreign experts, cooperate with leading football teams of foreign countries in training football coaches in our country, and organize practical-experimental learning. It is necessary to constantly control the physical fitness of players through the "Yo-Yo" test in football schools, sports schools of Olympic reserves, professional and amateur teams.

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