

Organizational and Pedagogical Principles of Professional Training of Future Specialists of Physical Culture

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Abstract:

A retrospective, historical and pedagogical aspect of the problem under study is presented; The views of modern scientists on the essence of the concept of "professional education" are analyzed; the features of studying the problem in connection with the educational process of a sports and pedagogical university (faculty) are considered, the pedagogical conditions of professional education are presented, including the value bases, main ideas, important features, patterns and principles. In the model of professional education of future teachers of physical culture, the essence of pedagogical technologies in teaching students is considered and the possibilities of the sciences of the pedagogical cycle in providing professional education for students of physical culture institutions are revealed.

Keywords: Framework of values, key ideas, important things, products and events, laws, principles.

There is an urgent need to resolve the contradictions characteristic of the modern higher physical education and pedagogical school between¹:

- the established practice of specialist training and the goals of the modern education system;
- the student's need for education at the personal level and the normative task of the educational process;
- the needs of society in educating a healthy generation of citizens of the country and the insufficient professional readiness of young specialists to effectively introduce pupils to the values of physical culture and a healthy lifestyle;
- the subjective orientation of the university teacher on the socially mature and creatively active personality of the student and the real heterogeneity of her social experience, individual goals and life programs.

The need to resolve these contradictions actualizes the problem of professional education of students and related issues, goals, objectives, structure, management, pedagogical technologies.

The implementation of continuous personality-oriented education in the conditions of a two-level system of higher education requires the development of appropriate organizational and pedagogical conditions for the professional education of a future specialist of physical culture in the modern system of higher education.

The relevance of the study is due to a number of psychological and pedagogical, social, economic, organizational and managerial, socio-valeological factors.

¹ Под высшей физкультурно-педагогической школой подразумеваются факультеты физического воспитания высших образовательных учреждений и институт физической культуры (далее по тексту - ВФПШ)

Social factors are determined by the importance of physical culture as the most important sphere of public life, without a high level of development of which it is impossible to fully develop society, the health of the nation, and which determines the need for a high level of professional training of physical culture specialists.

Economic factors are caused by material losses due to the decline in the working capacity of the population, which is largely due to the activities of non-professionals in the field of physical culture.

The psychological and pedagogical aspect of the relevance of the problem under study is due to the tasks of humanization of physical education, its orientation to creating conditions for the maximum disclosure of the capabilities of each individual, her individual and creative development, training of physical education and pedagogical personnel with a unique, inimitable style of pedagogical activity, developed professional self-awareness, high spiritual, creative and moral potential, orientation for constant self-improvement and creative self-actualization.

The identified problematic issues are actualized by the important task set by the President of the Republic of Uzbekistan - professional self-determination, formation and self-realization: **"I think there is no need to say that everything that is being done in this direction should ultimately be reflected in the creation of the necessary conditions for every young person entering an independent life, I could realize myself, my knowledge and abilities"**².

The degree of development of the problem. There have not been many special studies aimed at developing the conceptual foundations and conditions for the professional education of physical culture specialists so far. The analysis of relevant scientific and pedagogical sources has shown that the problem of training a future professional in the educational field has been studied in many aspects.

Questions devoted to the role of a teacher in society, methodology and theory of his personality development, problems of improving the educational process and professional training of a teacher were revealed in the works of A.Abdukodirov, O.A. Abdulina, N.N.Azizkhodzhayeva, U.Begimkulov, V.A.Belikov, P.P.Blonsky, V.L. Bepalko, A.A. Verbitsky, S.G.Vershlovsky, V.I. Gorova, R.Juraev, S.B. Elkanova, U.Inoyatov, V.A.Kan-Kalika, N.V.Kuzmina, Yu.N.Kulyutkina, Sh.Kurbanova, A.V.Mudrika, N.Muslimova, N.D. Nikandrova, H.Rashidova, T.I. Rudneva, N.Saidakhmedova, E.Seitkhalilova, V.A.Slastenina, V.E.Tamarin, N.F.Talyzina, U.K. Tolipova, I.K. Shalaev, S.T.Shatsky, A.I.Shcherbakov, F.R.Yuzlikaeva, Zh.Yuldasheva and others.

A.Abdiev, L.R.Ayrapetyants, Zh.Akramov studied certain aspects of the problem of educating a future specialist of physical culture, as well as works devoted to the problems of organizing and managing physical education of young people, reflecting the problems of reforming the education system, its humanization, orientation to the development and self-realization of the individual, to the formation of professional skills and professional culture of the specialist, Yu.P. Azarov, V.E. Alekseev, B.A. Ashmarin, G.B. Babushkin, N.K. Baklanova, V.K. Balsevich, L.I. Belyaeva, V.L. Benin, P.A. Vinogadov, N.F. Geizhan, A.G. Gostev, A.N. Dvoeglazov, A.M. Dikunov, M.E. Duranov, V.I. Zholdak, E.F. Zeer, I.F. Isaev, V.V. Kim, S.S. Korovin, L.M. Kustov, L.N. Ilyina, K.M. Kulikov, L.P. Matveev, F.Kerimov, K.M. Levitan, R.A. Litvak, A.Ya. Nain, L.D. Neverkovich, L.I. Ponomarev, A.F. Popova, R.Salamov, E.Seithalilov, T.N. Serikov, V.I. Sivakov, O.A. Sirotin, T.Usmankhodzhaev, N.A. Fomin, A.Khamrakulov, T.P. Yuzhakova, etc.

² Ўзбекистон Республикаси Президентининг 2017 йил 7 февралдаги “Ўзбекистон Республикасини янада ривожлантириш бўйича Ҳаракатлар стратегияси тўғрисида”ги ПФ-4947-сонли Фармони. // Ўзбекистон Республикаси қонун ҳужжатлари тўплами, 2017 й., 6-сон, 70-модда.

The accumulated material, the highlighted set of contradictions allow us to formulate the problem of research: what are the theoretical foundations of professional education of future specialists of physical culture in the conditions of a two-level system of higher education.

An urgent problem in the course of the implementation of the National Training Program is the formation of a high spiritual, moral, democratic potential among the younger generations. In this regard, in his report at the 9th session of the Oliy Majlis, President of Uzbekistan I. Karimov noted: **"... every state, every nation is strong not only with its underground and terrestrial natural resources, military power and production potential, but first of all with its high culture and spirituality"**.³

The urgency of this problem is also conditioned by the need for unconditional implementation of the Law of the Republic of Uzbekistan "On Education" and "On the National Training Program", "On physical culture and sports", and the specified direction of solving the problem, the task set by the President of the Republic of Uzbekistan I.A.Karimov in a report at a Cabinet meeting on the results of socio-economic the development of the country in 2009 and the most important priorities of the economic program for 2010: **"We set a goal – to create the necessary opportunities and conditions for our children to grow up not only physically and spiritually healthy, but also comprehensively and harmoniously developed people with the most modern intellectual knowledge, people who fully meet the requirements of the XXI century, in which they will live and work"**⁴.

The above determined the choice of the topic of the dissertation research: "Organizational and pedagogical conditions for the professional formation of future specialists of physical culture."

The connection of the dissertation with the research plans. The dissertation research was carried out within the framework of the scientific and technological development "Organization, content and management of the process of training of physical culture and pedagogical personnel" of the Consolidated Research plan of the Uzbek State Institute of Physical Culture and Namangan State University on the problem of "Personality formation of physical culture and pedagogical personnel in the process of two-level higher education".

The purpose of the study: scientific substantiation and development of pedagogical conditions for the professional education of future teachers of physical culture in the conditions of two-level higher education.

The object of research: professional university training of the future specialist of physical culture.

Subject of research: the process of professional education of students of a physical education and pedagogical university (faculty).

- Based on the purpose and subject of the research, the following research hypothesis was put forward. The effectiveness of the process of professional education of students of a physical education and pedagogical university (faculty) is provided subject to the implementation of the following provisions:
- professional education is considered as a process of introducing a student to professional, intersocial values, values of physical culture and aims to form the foundations of the

³ Ўзбекистон Республикаси Президентининг “Жисмоний тарбия ва оммавий спортни янада ривожлантириш чора-тадбирлари тўғрисида” ги 2017 йил 3 июндаги ПҚ-3031-сон Қарори. // “Халқ сўзи” газетаси, 2018 йил 15 май.

⁴ Ўзбекистон Республикаси Президентининг 2019 йил 29 апрелдаги “Ўзбекистон Республикаси халқ таълими тизимини 2030 йилгача ривожлантириш концепциясини тасдиқлаш тўғрисида”ги ПФ-5712-сон Фармони. //http://lex.uz/pages/.

professorial and pedagogical culture of the future specialist;

- the mechanisms and content of the process of professional education will be based on objective laws, principles arising from them, reflecting the unity of this process;
- the management of the process of professional education is carried out in stages, and is ensured by compliance with the appropriate pedagogical conditions;
- teaching of pedagogical disciplines is carried out under the condition that its content, forms and methods are aimed at building a system of life and professional orientations of the student, mastering the necessary educational technologies, developing creative individuality as the highest level of professional and pedagogical culture;
- there is an optimal scientific and methodological support of the educational process: tools, technologies, methodological developments, educational programs.

In accordance with the purpose of the study and its hypothesis, the following tasks were solved.

1. To identify the patterns and principles of building the process of professional education in the conditions of two-level professional training of physical education and pedagogical personnel.
2. To develop a model of the system of professional education of students and to determine the possibilities of the disciplines of the pedagogical cycle in the professional education of students.
3. To identify pedagogical conditions and criteria for the effectiveness of professional education of students.
4. To develop and experimentally test the organizational and pedagogical conditions of professional education of students in the process of studying the disciplines of the pedagogical cycle.

The methodological basis of the study is based on:

- The Constitution and laws of the Republic of Uzbekistan "On Education", "On the National Training Program", "On physical culture and sports", other policy and regulatory documents regulating the organization and management of the education system in the Republic of Uzbekistan; principles and provisions of the national idea, the role and functions of the education system in accordance with the National Program on personnel training, physical culture and sports in its implementation;

philosophical propositions about the systemic interrelationship and interdependence of the phenomena of the surrounding world; about the dialectical unity of social and individual; about education as a system that ensures the translation of social experience and cultural values, about the dialectical relationship of the individual, general and special; about the development of personality and the determining role of activity in this process.

The general scientific methodology is focused on a systematic approach that provides a holistic consideration of professional education as a multidimensional phenomenon. Activity-based, personal, axiological, and culturological approaches were used as subordinated to the system analysis.

The theoretical basis of the research was: methodology of modern pedagogy; the concept of personality-oriented general and vocational education); ideas about three interrelated aspects of the pedagogical process; training, education and development; professional formation of the teacher's personality (; theoretical statements about the role of physical culture in the development of

personality, about the essence of physical and cultural education, about the value principles of a healthy lifestyle and ways to stimulate it.

The leading idea of the research is the theoretical position on professional education as a socio-pedagogical process, during which the future specialists of the system of intersocial, professional-pedagogical and physical culture-improving values, experience are translated and assimilated, and the result is a normatively set level of professional-pedagogical culture.

Scientific novelty of the research.

1. The conditions of professional education of future specialists of physical culture have been developed, including value bases, key ideas, essential characteristics, patterns and principles.
2. A model of the functioning of the system of professional education in the university of physical culture in the process of teaching a cycle of pedagogical disciplines has been developed.
3. Pedagogical conditions and criteria of effectiveness of professional education of students are revealed.
4. Technologies of professional education of students of the University of physical culture are designed and developed.

The theoretical significance of the study is as follows:

a) the patterns of professional education of students of the university of physical culture have been identified and implemented, which include: the socio-professional conditionality of the process of professional education at the university; the relationship of professionalization, socialization and individualization of the student's personality in the process of professional education;

b) the principles of: freedom of choice; unity of individualization and differentiation; professional and pedagogical orientation of the educational process at the university of physical culture; continuity and continuity; democratization of relations between teachers and students; pedagogical reflection; self-realization of the individual in the process of professional education; axiological orientation; two-level structure of professional education are substantiated and implemented.

The practical significance of the work is determined by the fact that the theoretical provisions and conclusions contained in it made it possible to develop and implement textbooks and programs, methodological developments and recommendations aimed at solving the problems of professional education in the educational process of the University of physical culture. The results of the study served as the basis for writing recommendations that are addressed to students, teachers, trainees, researchers and researchers of psychological, pedagogical and physical fitness profile.

The materials and recommendations published based on the results of the study can also be used in the practice of training specialists not only in the field of physical education, but also in other areas.

The initial provisions developed in the study will give the university teacher the necessary theoretical and methodological ideas about the process of professional education in the conditions of two-level specialist training at the university, and offer appropriate pedagogical technologies.

The following provisions are submitted for protection:

1. Conditions of professional education, including value bases, key ideas, essential characteristics and pedagogical patterns.
2. The model of the system of professional education, which includes goals, objectives, components, methods, stages, organizational forms, logic of system connections.

3. A set of pedagogical conditions that ensures the effective functioning of the system of professional education of a physical culture specialist in the process of teaching a cycle of pedagogical disciplines, including: a) the creation of choice situations at each stage of professional education; b) differentiation of goals, objectives, and content of professional education, taking into account the individual characteristics of students; c) the orientation of the educational process to solve problems professional education, to build a system of professional relations; d) building the process of professional education on the basis of the leading role in it of the program of self-realization and self-development of the personality of the future specialist; e) ensuring continuity of the content, forms, methods of professional training between the stages of professional education; f) organization of cooperation on the basis of mutual trust, dialogue, establishment of subject-subjective relations of the teacher and students; g) orientation of students in the values of future professional activity; h) the construction of the content of the courses of pedagogical disciplines, taking into account the orientation to self-knowledge, self-development, the ability to introspect, resolve internal conflicts, build positive life and professional prospects; i) the development of theoretical and methodological foundations at each stage of professional education.

The reliability and validity of scientific results are provided by the clarity of methodological positions, a deep theoretical analysis of the problem, the breadth and versatility of experimental research adequate to its scope, goals, objectives, and logic, sufficient duration and the possibility of repeating the pedagogical experiment, which allowed for a quantitative and qualitative analysis of its results, the representativeness of the sample volume and the statistical significance of the data obtained.

The personal participation of the author is expressed in obtaining scientific results by developing and substantiating the main conceptual provisions of the study, the program and methodology of the experiment, direct supervision and participation in conducting experimental work.

Approbation and implementation of survey results. The main results of the research will be reflected in scientific and methodological recommendations, curricula, articles, reports, theses. The materials of the dissertation were reported and discussed at international, republican and regional scientific and scientific-practical conferences on the problems of professional training of educational workers. The results of the research are used in systematic courses of lectures for students; in lectures for students of advanced training; in speeches at methodological seminars, as well as in pedagogical periodicals.

Practical implementation of the results of the survey was carried out in the process of training future specialists of physical culture by developing curricula, programs of basic and special courses, scientific and methodological recommendations for practical teachers.

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